Dafka Medical Events

EUROPEAN SLEEP MEETINGS
RADISSON BLU HOTEL - PRAGUE

Sunday, May 30 (7:00 PM Welcome - Cocktail Reception**) to**
Wednesday, June 2, 2027 (morning**)**

SLEEP AT THE HEART OF MEDICINE

Sunday, May 30, 2027
Opening of the Congress followed by a Cocktail Dinner

Monday, May 31, 2027
Moderator: Dr. Hervé PEGLIASCO

SLEEP, BRAIN AND MENTAL HEALTH

Psychiatry
"Semiological issues in OSA"

- *Semiology of OSA: Diagnostic specificity or confusion of the complaint?*
  Prof. Jean-Arthur MICOLAUD FRANCHI
- *OSA and depression: deceptive appearances and complex interactions*
  Dr. Sylvie ROYANT-PAROLA

Neuropediatrics
"ADHD and sleep: a two-way relationship"
Dr. Daniela PENNAROLI

- *Sleep disorders in children with ADHD*
- *ADHD & Hypersomnia*

BREATHE, EAT, SLEEP

Cardiology
"Cardiology and sleep: a relationship not to be ignored"
Dr. Elian SARKIS (Cardiologist & Sleep Specialist)

- *Who should be tested?*
- *Sleep apnea and cardiovascular risk*
  (Hypertension, Heart rhythm disorders…)

ENT & Respiratory Physiotherapist

Dr. Robert KESMARSKY (ENT Specialist, Hungary & France)
Anatomical study of the thyroid and recurrent laryngeal nerves in the context of nerve palsies: a potential course of dyspnea and sleep disorders

Dr. Fouad GARBI (ENT) and Sabine MAZIERE (Physiotherapist/Rehabilitation Specialist)
"Childhood sleep apnea syndrome: how to recognize it"

- *Clinical signs*
- *Anatomical factors*
- *Consequences for development*
- *When to explore?*
- *When to treat?*

"La Bulle" House : Physiotherapists specializing in functional rehabilitation
Mathilde PROFITT, Marie MAGNI, Joanna MATAR

Nutrition, Obesity & Metabolism
Dr. Thierry CASTERA (General Medicine and Sleep)
Justine BETZOLD (Nutritionist)

- *Sleep & Metabolic Regulation*
- *Diet and Sleep Quality*
- *Sleep and weight gain*
- *Hormones and appetite*

Menopause and Sleep
Dr. Jonathan TAIEB (General Medicine and Sleep)

Dentistry & Sleep
"Mandibular advancement orthosis: what role does it play in children?"
Dr. Maguy LEVY (Dental Surgeon)

- *Principles of the mandibular advancement orthosis*
- *Indications and limitations*
- *Raising awareness about its use in children*
- *Conditions necessary before installation*
- *Collaboration between ENT specialists, dentists, and sleep physicians*
- *Patient follow-up*

Sleep, Catathrenia, Sleep Apnea
Extreme sleep – the patient experience
Dr. Ghassan FAYAD *(Sleep Disorders)*

- *An example of an innovative Sleep Care Center: "at the crossroads of care, research and artificial intelligence"*

Dr. Carole PHILIPPE (Sleep Disorders)

- *Catathrenia: parasomnia or sleep-related breathing disorder?*

Dr. Christine Cheval (Sleep Medicine)

- *NIV: State of the art and current treatments*

Dr. Eric HAZOUARD (Pulmonology and Sleep)

- *Sleep and scuba diving*
- *Sleep & climate (extreme heat and extreme cold)*

Luca ROBERTI (President of the Italian Sleep Apnea Patients Association)

- Presentation of the experience and results of the "Pyramid 2024" expedition to Nepal – Sleep and Breathing at High Altitude

MULTIDISCIPLINARY ROUND TABLE

"Sleep at the heart of medicine: understanding, diagnosing, treating and preventing"
Pulmonologist - ENT specialist - Cardiologist - Neurologist - Sleep specialist…

THE "QUESTIONS CAFE"

Interactive exchanges / Which specialist for which patient?
Facilitators: general practitioner/sleep specialist • pulmonologist • ENT specialist • neurologist • cardiologist • psychiatrist • dentist

Concept of interactive exchanges over coffee with several sleep specialists – all Congress attendees are invited to submit their questions, case study presentations, additional experiences with one or more facilitators.
This session will take place in a specially equipped room.

WORKSHOP "From theory to practice: orofacial rehabilitation"
ENT specialist & physiotherapist specializing in orofacial rehabilitation
(Doctor Fouad GHARBI & Sabine MAZIERE)

- *Functional assessment*
- *Exercises*
- *Nasal breathing*
- *Tongue position*
- *Orofacial exercises*
- *Demonstration with participants*

Tuesday , June 1 , 2027

- *Visit to a sleep center in Prague*
- *Congress Evening*

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Pour tout Renseignement
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